# Building Communities that Feed Your Soul

A Presentation and Guided Discussion facilitated by Tony Buff & Derek da Silva



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## Introduction: What's this all about?

- Building relationships, extended families & social organizations that fit your needs for community.
- Neither an assumed golden age nor a Utopian future that might never be reached.
- Learning from the past & building the future while creating social constructs to fulfill present needs.
- Identifying personal and community needs and steps you can take to create social units that fulfill those needs.
- Interactive participants are encouraged to share their own personal experiences.

#### Objectives

- Encourage participants to address actual needs rather than their preconceived notions of what should be, based on whatever social constructs already exist.
- Help people conceive of radical new ways of creating organizational units that really match the realities of our lives.
- Examine the forces at play in social institutions so as to find a good balance.

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To do this we will examine and identify

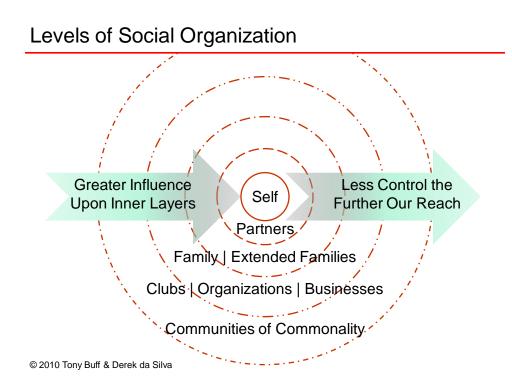
- The Variety of Different Social Units
- How Traditional Social Units Help / Hinder Us
- The Values that Form a Foundation
- Your Needs and the Needs of Your Community
- Rigid and Adaptive Patterns of Social Change
- Belonging, Exclusion & Inclusion
- Factors for Social Cohesion
- Power of Social Memes
- Means to Overcome Blocks of Entitlement Mindset



## Activity #1 – Identifying Communities

- · List the Social Units to which You Belong
- Identify some Needs are Fulfilled by Each
- Describe How Each Might be Limiting and How You are different from your community
- Where do these Social Units Overlap / Cluster
- · How are they Segregated

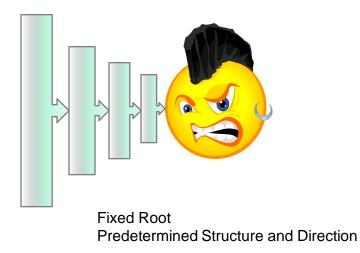




## We Best Influence the Here and Now

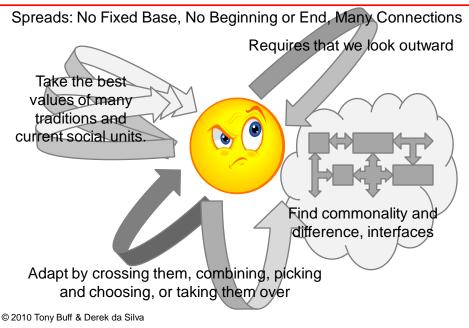


#### Arboreal model of community evolution

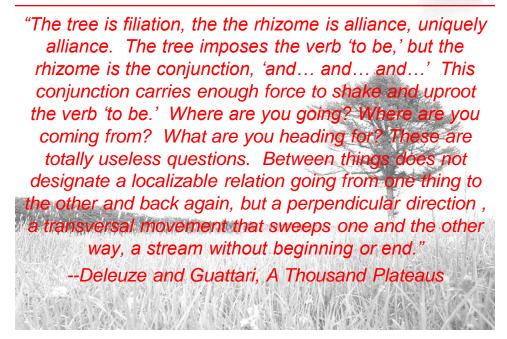


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### Rhizomatic Model of Community Evolution



#### Philosophy: Trees and Rhizomes



Activity #2 – Defining Your Community

- Visualize Your Community of Family & Friends
- Write down 5 Characteristics that Describe Your Community
- Categorize under Major Headings and Discuss



Tradition, Symbolism and Myth

- What Social Traditions, Symbols and Myths do You Associate with Your Community of Family & Friends?
- How do they Assist in Creating a Sense of Community and Fulfilling Your Needs?
- · How do they limit your community?
- What are the underlying values and shared principles implied in them?

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#### **Utopian Visions**

- What Utopian Thoughts or Ideals play into Defining Your Community of Family & Friends?
- How do these Thoughts or Ideals Help Fulfill Your Personal Needs?
- What are the core values these seek to fulfill?
- Which of these are Unlikely to be Met Soon?
- What can you do to bridge that gap?

What Feeds Your Soul – Getting Started

- Different Souls, Different Diets
- Little Bites Small Units are Easiest
- Size and Diversity
- Inclusion vs Exclusion
- Communication and Cohesion
- Deterritoralization (and re-territorialization)
- Conflict and Conflict Resolution

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#### Different Souls, Different Diets

- Invest in what works
- Different needs may be met by belonging to multiple communities

#### Little Bites – Small Units are Easiest

- It's easiest to create a almost utopian world in a very bounded time and space. The "Temporary Autonomous Zone."
- It's also easiest to enact ideals of tradition in a similarly limited space.
- Creating a small moment of idealized social interaction can recharge you. Runs, conferences, etc., all help us regroup and recharge.

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Size and Diversity, Inclusion vs. Exclusion

- Smaller units have advantages but they imply exclusivity on some dimension.
- But with greater size comes vibrancy and evolution.
- "Big Tents" dilute the ability to really feed the soul and reduce cohesion.
- But exclusivity can alienate outsiders, hurt the larger community and cause calcification.

#### **Communication and Cohesion**

- Physical vs Virtual
- Often vs Occasional
- Etc.
- More communication in closer proximity creates more cohesion.
- But your reach is limited by requiring close proximity.
- Sometimes it's better to band on a particular common basis, regardless of distance.

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#### Deterritoralization

- Existing territories can be claimed and remade to serve other agendas. This can be good, bad or neutral.
- A basic idea can take off and help propagate new identities that take over spaces (queer skin, leather clan, etc)
- A strong meme (viral idea) can gain its own momentum and make major changes with seemingly little effort.

## **Conflict & Conflict Resolution**

All community identities are artificial since we are really individually defined by our differences. Sometimes the differences become greater than the common basis for organization.

- Resolve
- Evolve
- Split



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## No Whining

- No one owes you change or inclusion or even if they do, fighting in is often less productive.
- Existing institutions can be changed to meet your needs but aren't obliged to.
- Dinosaurs will die on their own if they aren't filling a need – focus your energy on your needs first, even if that means creating something totally new.



#### Activity #3 – Homework: Identifying Your Needs

- Look at each level (from self outwards).
- What is missing at each level ?
- What causes these gaps?
- Look at multiple memberships What needs are met by each social unit your belong to?
- Look at outside social units What diff/better ideas can you incorporate?
- Where can you form new alliances?



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#### Thank You!

Special Thanks
– Gene Romaine

- Recommended Reading
  - Todd May, "Gilles Deleuze: An Introduction" Cambridge Press, 2005
  - Michel Foucault, "Sex Power and the Politics of Identity" from Ethics, The New Press 1997
  - Hakim Bey, "The Temporary Autonomous Zone, Ontological Anarchy, Poetic Terrorism" Autonomedia 1985, 1991.

Don't forget to check out Tony Buff and Derek da Silva online at tonyBuff.com & derekdasilva.com